



Children's Depression Inventory (CDI)

Maria Kovacs, Ph.D.

Profile Report

Client's Name:	John Sample
Age	12
Gender:	Male
Grade:	0
Test Duration:	4 minutes 1 second
Administration Date:	April 23, 2004

This Profile Report is intended for the sole use of the test administrator and is not to be shown or presented to the respondent or to any other party.



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Introduction

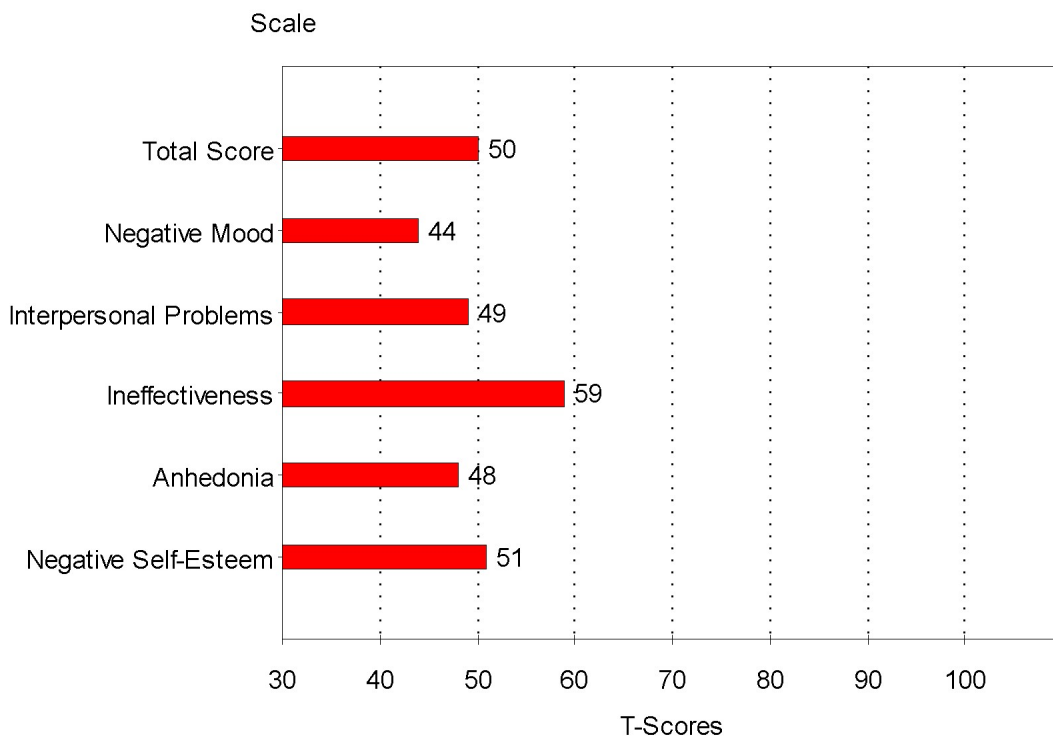
The Children's Depression Inventory (CDI) is a 27-item, self-rated, symptom-oriented scale suitable for youths aged 7 to 17. CDI T-scores are based on a normative sample of 1266 youths and are calculated based on age (7 to 12 or 13 to 17) and gender. The CDI is sensitive to changes in depressive symptoms over time and is a useful index of the severity of the depressive syndrome. This report provides information about the youth's scores and how they compare with the scores of the normative sample of non-clinical individuals. See the CDI Technical Manual (published by MHS) for more information about this instrument and its results.

Cautionary Remarks

This computerized report is meant to act as an interpretive aid and should not be used as the sole basis for intervention or clinical diagnosis. This report works best when combined with other sources of relevant information (e.g., tests, observations, historical information). The report is based on an algorithm that produces the most common interpretations for the scores that have been obtained. Atypical interpretations must be explored in other ways on a case-by-case basis. The information contained in this report should be treated as confidential.

CDI T-Scores

The following graph provides John's T-scores for each of the CDI scales.



Summary of Scale Scores

The following table summarizes John's scale scores and gives general information about how he compares to the normative group. More interpretive data are provided later in this report.

Scale	Raw Score	T-Score	Guideline
CDI Total Score	11	50	Average
Negative Mood	1	44	Slightly below average – not a concern
Interpersonal Problems	1	49	Average
Ineffectiveness	4	59	Slightly above average
Anhedonia	3	48	Average
Negative Self-Esteem	2	51	Average

Validity of the Report

A validity check indicated that this individual answered the items in a generally consistent manner. These responses should be considered valid.

Profile Summary

The pattern of responses given for the CDI indicate that John has no evident depressive symptoms.

John's response to Question #9 indicates that John frequently thinks about killing himself/herself. This response must be verified and examined immediately in a face-to-face interview by an individual skilled in clinical evaluation.

Elevated Scales

There are no significantly elevated scales.

Examination of Scale Scores

CDI T-scores of 65 or above identify potentially clinically depressed individuals. Lower cut-off values may be more appropriate for situations where an atypically high incidence of depression is expected. The T-score = 65 cutoff should be used as a guideline and not an absolute rule.

Total Score: T-score=50

John's CDI Total Score is in the low range, suggesting no evident difficulties.

Negative Mood: T-score=44

This scale reflects feeling sad, feeling like crying, worrying about "bad things", being bothered or upset by things, and being unable to make up one's mind.

John's score on the Negative Mood scale is in the low range, suggesting no evident difficulties.

Interpersonal Problems: T-score=49

This scale reflects problems and difficulties in interactions with people, including trouble getting along with people, social avoidance, and social isolation.

John's score on the Interpersonal Problems scale is in the low range, suggesting no evident difficulties.

Ineffectiveness: T-score=59

This scale reflects a negative evaluation of one's ability and school performance.

John's score on the Ineffectiveness scale is in the low range, suggesting no evident difficulties.

Anhedonia: T-score=48

This scale reflects impaired ability to experience pleasure. Individuals scoring high on this scale may suffer from loss of energy and problems with sleeping and appetite.

John's score on the Anhedonia scale is in the low range, suggesting no evident difficulties.

Negative Self-Esteem: T-score=51

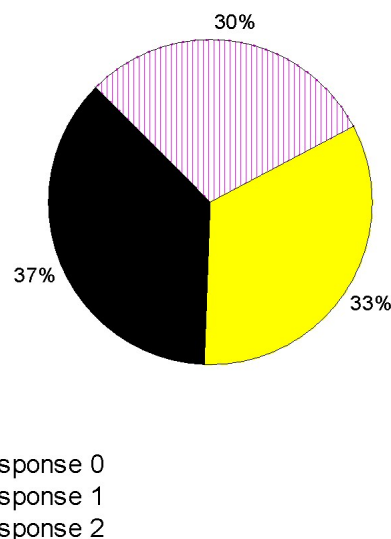
This scale reflects low self-esteem, self-dislike, and feelings of being unloved.

John's score on the Negative Self-Esteem scale is in the low range, suggesting no evident difficulties.

Item Response Table

John made the following response choices.

Item #	Response	Item #	Response
1.	0	15.	1
2.	2	16.	2
3.	0	17.	0
4.	1	18.	2
5.	2	19.	0
6.	1	20.	1
7.	2	21.	1
8.	2	22.	0
9.	1	23.	1
10.	2	24.	0
11.	2	25.	2
12.	0	26.	1
13.	2	27.	0
14.	1		



Integrating Results and Considering Intervention

CDI results must be incorporated with other information before drawing any conclusions. It is recommended that a comprehensive evaluation include direct clinical observation of the youth, information from other relevant assessments, and information about the youth's background, family history, and school adjustment.

Date Printed: Friday, April 23, 2004

End of Report