

NAME:

John Sample

GENDER:

Male

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JAR
PSYCHOMETRICS

CAREER CHOICE

WORKBOOK & REPORT



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PERSONAL LETTER

DEAR LEARNER

You have been working hard at school for many years. The next important step for you is to think about a job, specific training or choosing a career after you have passed your matric. This is not an easy task and there are many issues to keep in mind.

To choose the right career means that you have to make sure that you know:

- Which future careers you may want to consider
- Which training, jobs or careers could best fit you as a person

If you have all of the above information, and you know and understand yourself well, it becomes easier to move into the right career direction.

You have the best chance of being satisfied with your future career if the career suits you as a person. This is why you have to know and understand yourself very well.

Keep in mind that it is always best to consider more than one future career option. It is also particularly important to keep in mind that certain training and some careers require you to have a specific combination of matric subjects and certain minimum requirements in terms of school marks as part of a selection process.

With this workbook we do our best to give you a lot of the information you need to make a good career choice.

Welcome to this exciting adventure - this is where your career journey starts!

The Career Choice Team



HOW TO USE THIS WORKBOOK

The purpose of the workbook is to help you to collect as much information as possible to make the best possible career choices.

To do this, the workbook will guide you through the following steps:



“You are going to be asked to do a lot of writing and thinking in this workbook. The more you know about yourself, your interests, your abilities and the world of work, the better your career decision will be.”

UNDERSTANDING YOURSELF

When a hippo is in the water we only see the ears and a bit of its head. Most of the body of the hippo is under the water. In the same way, we don't always share with others all our likes and dislikes, our dreams, fears or feelings. To be able to understand who you really are, will require that you look at the 'whole' you, that which is "above and under the water"



This Career Choice workbook was developed by
The JVR Africa Group



THE **JVR AFRICA** GROUP

+27 (0) 11 781 3705 | www.jvrafrica.co.za | info@jvrafrica.co.za